



Adult Group Coaching Programme

Day	Level	Time	Cost	Coach
Monday	Advanced	19:00 - 22:00	£15	Dan
Wednesday	Intermediate	10:00 - 12:00	£12	Robby
Wednesday	Intermediate	19:00 - 21:30	£12	Dan
Friday	Beginners/ Intermediate	10:00 - 12:00	£12	Andy
Saturday	Intermediate/ Advanced	12:00 - 14:30	£12	Robby
Sunday	Beginners/ Intermediate	10:00 - 12:00	£12	Andy

* All sessions are drop in, no pre bookings

Cardio Tennis

Day	Level	Time	Cost	Coach
Tuesday	All abilities	09:30 - 10:30	£7	Dan
Friday	All abilities	09:30 - 10:30	£10	Dan & Brani

